INTRODUCTION

Energy is one of the vital resources in the food manufacturing industry. The availability of uninterrupted energy supply in the future is a reason for concern due to the depleting fossil fuel resources and increasing global population. As per the 2012 UNESCO report, the food production and supply chain were responsible for 30% of the total global energy consumption (UN Water, 2015) and this was mainly in four-food production-related activities: Agriculture, transportation, processing, and food handling as shown in Figure 1. The threat of energy shortages and higher energy costs are already looming over the food sector and they need to address it on an urgent basis.

The food manufacturing industry is exploring in various ways to improve its energy efficiency to reduce energy costs, carbon
emissions, and negative environmental impacts. Some of the options to reduce energy consumption are the reduction in the energy-intensive activities without affecting the profitability of the manufacturer or better energy management and energy recovery (Woolley, Luo, & Simeone, 2018). Energy management systems (EMS) are being widely implemented (Schulze, Nehler, Ottosson, & Thollander, 2016) in the food-manufacturing sector to achieve and sustain energy usage improvements. EMS is complicated with various parameters such as energy production, energy import/export, energy storage, energy conversion, energy transmission, and energy consumption. This situation could be further complicated by other uncertain parameters (i.e., interval, possibility, and probabilistic distributions) (Cai, Huang, Yang, & Tan, 2009). Hence, to improve the energy efficiency, there is a need for a system, which provides a detailed real-time energy usage breakdown of their production facilities.

The Internet of Things (IoT)-based energy smart meters can give visibility and reliability on the efficiency and productivity of energy consumption. It provides critical information to management on energy consumption levels of various production facilities, thereby allowing them to make better decisions in real-time to reduce overall energy usage. This paper aims at illustrating the application of the IoT-based smart energy system in reducing energy wastages in a beverage company.

The initial sections of this paper present a brief review of technologies currently adopted in food manufacturing plants to optimize the energy usage as well as a framework for measuring the embodied food product energy based on Seow and Rahimifard (2011). The latter sections present a case study on how a food manufacturing facility implemented a smart energy metering system linked to an IoT system based on the embodied product energy (EPE) model to reduce its annual energy consumption and thereby increase its profit margins. The industrial case study also demonstrates how such an IoT-enabled smart meter system could support long-term decisions for the elimination of energy wastages within the factory.

2 | LITERATURE REVIEW

2.1 | Internet of things

The international standard ISO 50001 EMS published in 2011 supports organizations in achieving continual improvement of energy performance, including using energy more efficiently through implementing an EMS (Jovanovic & Filipovic, 2016). It establishes the structure and discipline to develop technical and management approaches that massively cut down the energy costs and greenhouse gas (GHG) emissions (Lee & Cheng, 2016)—and maximizes savings over time (OECD, 2015).

However, energy-efficient technologies and equipment are not currently pursued in the industry due to limited short-term economic benefits and the long payback time (Chiaroni et al., 2016). Therefore, Backlund, Thollander, Palm, and Ottosson (2012) stated that rather than investing in costly technologies to improve energy performances, it is worth to finance the inexpensive energy smart metering and monitoring supported by energy-efficient management practices. Tanaka (2011) suggested various activities that the industry can employ for better energy management. For example, companies can aim at sustaining, restoring, and reorganizing the equipment to minimize energy loss or retrofitting, substituting, and disposing of out-dated equipment, processing lines with novel technologies and better insulation to reduce heat loss and waste energy. Companies can also reutilize wasted heat and energy; improve management process for energy, materials, and process productivity; or restructure processes by adopting new production concepts. We invite readers to visit the recent comprehensive reviews of using cutting-edge information and communication technologies for improving energy efficiency in the manufacturing industry (e.g., Baysan, Kabadurmus, Cevikcan, Satoglu, & Durmusoglu, 2019; Choi, Thangamani, & Kissock, 2019; Kang et al., 2016).

In order to make any EMS works, the industry needs to measure its energy consumptions as accurate and detail as possible (Allen-Bradley - Rockwell Automation, 2017). However, most of the food manufacturers monitor their energy consumption through monthly energy bills (Carbon Trust, 2012). Thus, having data on energy consumption at each department and machine level is a far-fetched story (Shrouf & Miragliotta, 2015). Therefore, reducing energy consumption becomes a complicated process for decision makers in this industry. This issue can be successfully addressed by having access to real-time data on energy consumption (Shrouf et al., 2014). It is a valuable tool, which allows the decision makers to extract meaningful and actionable information for successful energy management (Efficiency New Brunswick, 2010). Recently, Meng et al. (2016) proposed a new generation by proposed integration of Microgrid Supervisory Controllers (MGSC) and EMS to optimize the operation of the system. Firouzmakan,
Hooshmand, Bornapour, and Khodabakhshian (2019) proposed a comprehensive EMS that considers uncertainties in demand, energy sources, and market price to minimize the operations costs of the distributed generation system.

Nowadays, a novel concept of the IoT, which enables physical objects to communicate and exchange data with each other using low-cost sensors, software, and other electronics has taken center stage (Li, Xu, & Zhao, 2015). IoT technology is revolutionizing the way organizations are collecting and analyzing the data in order to address the operational inefficiencies in real-time (Vera-Baquero, Colomo-Palacios, & Molloy, 2016). It has already created better connectivity through visible and transparent data, business collaborations, operational changes as well as providing new services and applications (Li et al., 2015).

The food supply chains include various processes from food production to distribution, from retailers to consumers, and finally the disposal. Researchers have studied the use of emerging IoT technologies to ensure food quality, food safety, and achieve the optimal economic benefits in food supply chains. Accorsi, Bortolini, Baruffaldi, Pilati, and Ferrari (2017) proposed a general method to manage the application of IoT in food supply chains. The method enables companies to improve operational performance by having better insights into the processes and the relationships between actors. Similarly, Pang, Chen, Han, and Zheng (2015) used sensor portfolios and information fusion to create a value-centric business-technology framework. Subramaniyaswamy et al. (2019) developed an IoT-based support system on the food recommendation-based health management. By employing the IoT platform, the authors proved that the system helps reducing energy consumption.

In general, IoT is being considered as a way to improve operational performance, safety, and profits by monitoring the quality, tracking food logistics, predictive maintenance, and warehouse management to avoid spoilage of food (Pang et al., 2015). IoT is swiftly spreading its wing across various operations within food manufacturing, and energy is one of the many interesting domains where it can have a significant impact and influence. IoT provides a real-time solution for monitoring energy consumption to decision makers with the key data of machines, the production lines, and even at the factory level (Shrouf & Miragliotta, 2015). To advocate the use of IoT, especially for energy efficiency, Arshad, Zahoore, Shah, Wahid, and Yu (2017) summarized major challenges in the IoT applications and proposed different solutions for these challenges. The results highlight the needs for further research on IoT in energy efficiency.

2.2 Embodied food product energy framework

Most of the food manufacturers are aware of their energy usage through their monthly or quarterly energy bills. However, they are not aware of the detailed energy usage at the machine or departmental level. It is, therefore, necessary for food manufacturers to understand the energy patterns and key data on energy usage at the process level in order to reduce their overall energy consumption. In this context, the food manufacturers should have access to a smart system that can measure the energy used by various manufacturing processes for a given food product. Seow and Rahimifard (2011) defined a framework for modeling EPE, as shown in Figure 2. In this framework, the EPE consists of two energy groups, including, direct energy (DE) and indirect energy (IE).

The DE is the energy used by various processes to manufacture a food product (e.g., washing, cooking, packing, or inspection), whereas the IE is the energy utilized by activities to sustain the environment in which the production processes are carried out within a food factory (e.g., lighting, heating, and utilities). The DE can be further classified as theoretical energy (TE) and auxiliary energy (AE). TE is defined as the minimum energy needed to carry out a certain process (e.g., energy for washing vegetables), whereas AE is the energy required for supporting nonproductive activities (e.g., machine start-up or on standby). The total of DE (i.e., TE + AE) and IE for all the activities within a food production system represent the total

![Figure 2](image-url)
be achieved by adopting a simple four-layered architecture based on IoT solutions to reduce the overall energy consumption and this could be substituted with less energy-intensive processes to improve energy efficiency. Besides, such breakdown of energy usage data at process level can be used to investigate the effect of other production parameters such as the number of trial runs, batch size, production schedules, and can provide detail understanding of which production parameters combination yield best energy efficiency results without affecting production outputs.

2.3 IoT architectural layers

In order to be energy-aware through the EPE model, food manufacturers can adopt an IoT-based approach of installing smart energy meters at various energy hotspots coupled with software to support the task team (decision makers) to monitor the energy consumption patterns and trends. It will, in turn, help decision makers to devise solutions to reduce the overall energy consumption and this could be achieved by adopting a simple four-layered architecture based on Jagtap and Rahimifard (2017) and Li et al. (2015), which is described as follows:

- **Sensing layer**—The bottom layer consists of smart energy meters, which captures the energy consumption data that are required by decision makers for monitoring and benchmarking energy patterns. In order to track both DE and IE, which is based on the EPE model, the smart meters are installed at various energy hotspots within food manufacturing as identified by the stakeholders.
- **Networking Layer**—The communication between various things such as smart energy meters, users or employees, and servers are carried out via a wireless network. This layer provides a seamless transfer of data between smart meters and host server via wireless communications (Internet, Bluetooth) or wired communication. In this layer, both the DE and IE data collected by the smart meters based on the EPE model are transferred to the Service layer for further processing to extract meaningful and actionable energy information.
- **Service Layer**—The real-time energy data, that is, both DE and IE data based on the EPE model are acquired from the smart energy meters and are stored on the server. The stored data are continuously analyzed using a software to plot energy patterns and trends. This layer is the most important as it contains all the logic and processes the data in order to make the application work.
- **Application Layer**—The final and the topmost layer serves the users with detailed analysis of energy consumption in the form of dashboards, sends alerts, and generates reports. It makes use of control buttons on the user interface application to communicate with backend software to process both the DE and IE data based on the EPE model.

3 | MATERIALS AND METHODS

3.1 Case study

The studied company is based in India. It is one of the largest beverage manufacturing plants and operates three bottle-filling lines in a 24-hr shift. Due to the rising raw material and energy prices, which led to higher manufacturing costs, the company decided to focus on reducing the energy bills. As the company aims to be a sustainable business and in order to compete with other beverage manufacturers the company must take initiatives in reducing the manufacturing costs to increase its profitability. Since influencing the raw material cost was not within their control, the only possible solution, in order to remain sustainable, was to improve energy efficiency through the implementation of an IoT-enabled EMS based on the EPE model.

3.2 Method

Top management was committed toward the adoption and implementation of the IoT-enabled EMS based on the EPE model. The research team wanted to encourage employees to get involved and understand the new system. An expert team was formed including a mix of senior and junior management members from various departments for having their opinions on the DE and IE performance of their respective departments.

Energy sources were identified, and the historical energy trends and patterns and the current demands were evaluated. Machines, equipment, people, processes, and the departments, which contributed to the significant amount of DE and IE usage, were recognized. In order to improve the energy efficiency of the manufacturing facility, the conditions that attributed to the excessive amount of energy consumption were prioritized and other energy-saving opportunities were pursued. The initial energy consumption analysis supported the decision makers by setting up an energy baseline and target for each department.

4 | RESULTS AND DISCUSSION

Energy smart meters in each department and on some machines were measured for their respective energy consumption. It allowed the daily real-time monitoring of DE and IE usage and efficiency of each entity based on the EPE model. Figure 3 shows how each process and power-hungry equipment such as boilers and cooling towers mounted with smart energy meters were deployed to measure their energy consumption. The DE and IE data collected by these smart meters based on the EPE model are transmitted wirelessly to a central database where they are stored and...
analyzed to extract meaningful and actionable information. The extracted meaningful and actionable energy information is presented to all the energy-concerned employees in the form of user-friendly dashboards.

The research team collected the energy data based on the EPE model for 10 months starting from April 2017, as shown in Figure 4. The finished product row shows the number of beverages manufactured each month in kiloliters ($m^3$). Based on the historical production data from the best performing site within the group, the average expected electricity consumption data were derived. The average expected electricity consumption data were calculated from the number of liters of finished beverages produced per kWh of electricity consumed. The target electricity consumption was decided by the expert team and was always kept below the expected electricity consumption on an average by 1,400 kWh in order to compensate for the unpredicted increase in orders or energy-consuming refurbishments. The actual electricity consumption data are the data recorded by the newly installed smart energy meters. The savings row shows how much electricity was saved or lost for each month. For April 2017 to July 2017, the factory overused the electricity and there were no savings, which are highlighted in red. During these 4 months, the research team monitored and analyzed the energy consumption of various machines and equipment and narrowed down, which energy-saving projects to be undertaken. The team identified five energy-saving projects which were implemented by the end of July 2017 by the Pareto principle. These initiatives helped them to reduce their energy consumption and the benefits could be seen in green for August 2017 to January 2018.

The IoT-enabled energy monitoring system based on the EPE model gave the task team to access significant amounts of DE and IE data with structure. The energy task team undertook five projects after monitoring their energy consumption for the first 4 months,
as shown in Table 1. The team proposed each project to senior management and presented them with a payback period for each investment. All the projects were successfully delivered due to the structured energy data on demand, following the EPE framework using the IoT-based monitoring system. The monitoring system provided greater visibility and energy performance of projects as well as increased stakeholder engagement throughout the company and reduction of carbon footprint.

### 5 | CONCLUSION AND FURTHER WORKS

This paper addresses how the EPE model supported with the novel concept of IoT can be utilized to monitor both DE and IE in real-time and thereby improve the energy efficiency of the food-manufacturing unit. It allowed a high level of energy awareness among the decision makers enabling them to make better decisions related to energy usage. The detailed categorization of EPE data allowed management to understand their energy consumption patterns. The theory was proved through a case study of the beverage factory, which showed how it was able to achieve $172,281 of annual energy savings and save 807,081 kWh/annum of electricity. It further demonstrated how IoT-enabled energy monitoring solutions based on the EPE model are vital for the food sector and need to be embedded in the factory’s energy management initiatives. However, during the implementation of the case study it was realized that installing energy smart-meters on factory floor was the most challenging due to the risk of stoppage in food production and product wastage and contamination. Also, the ability to understand production-related decisions that are resulting in higher consumption of energy would be a topic of further study.

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### CONFLICT OF INTEREST

The authors have declared no conflict of interest for this article.

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### REFERENCES


### TABLE 1 Energy-saving projects

<table>
<thead>
<tr>
<th>Sr. no.</th>
<th>Energy-saving projects</th>
<th>Per annum savings kWh</th>
<th>Annual savings in USD ($)</th>
<th>Initial cost in USD ($)</th>
<th>Payback period (months)</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Replacing 10 TPH boiler with six TPH boiler</td>
<td>-</td>
<td>74,374</td>
<td>85,825</td>
<td>13.85</td>
</tr>
<tr>
<td>2</td>
<td>To replace 36 watts white tube lights with 16 watts Light Emitting Diode (LED) tube lights</td>
<td>661,305</td>
<td>85,667</td>
<td>30,054</td>
<td>4.48</td>
</tr>
<tr>
<td>3</td>
<td>To install Variable Frequency Drive (VFD) in beverage filling pumps</td>
<td>17,184</td>
<td>2,090</td>
<td>1,431</td>
<td>8.22</td>
</tr>
<tr>
<td>4</td>
<td>Replacing fluid coupling motor with efficient VFD motor</td>
<td>8,592</td>
<td>1,044</td>
<td>2,175</td>
<td>24.65</td>
</tr>
<tr>
<td>5</td>
<td>Converting chiller plant to humidification plant</td>
<td>120,000</td>
<td>14,316</td>
<td>42,950</td>
<td>35.29</td>
</tr>
</tbody>
</table>

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