

# Quality sentries: Some trends in chocolate manufacturing

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In-line control elements are an increasing development in the pursuit of efficient processes in a wide range of manufacturing sectors. Advances in sensor technology and computing power are now providing instruments which can greatly improve the efficiency and accuracy of manufacturing, and at a cost which is moderate in comparison with other costs, such as raw material prices and fuel costs. In the food sector, there are two clear incentives for pursuing in-line monitoring capabilities. Firstly, they raise the quality of the foods produced and secondly, they reduce the waste of valuable raw materials. Increasing commodity prices in regard to food ingredients give particular importance to this aspect.

Confectionery manufacture is a case in point. In chocolate confectionery, the quality of the product is paramount for ensuring an enjoyable eating experience for the consumer. Consumer preference tests are used to determine to what extent the target consumers like each sample and why (Figure 1).

Careful processing and selection of ingredients are therefore necessary to produce desirable sensory attributes<sup>1</sup> (Figure 1).

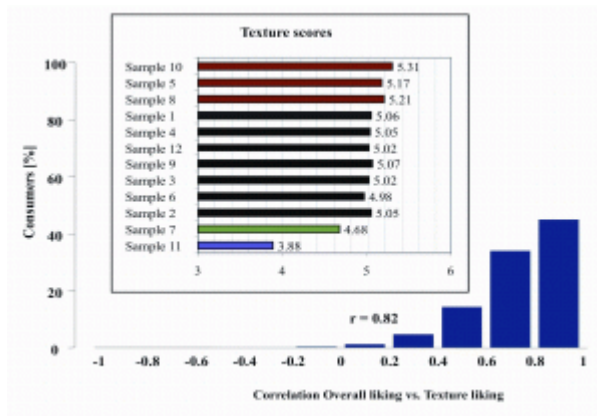


Figure 1: An example showing consumer preferences for chocolate texture

This requires keen attention to the flavour characteristics of the chocolate, which derive mainly from the primary and secondary processing of the cocoa ingredients. Careful control of the physical processing is also crucial for achieving the satisfying snap of a good chocolate and the smoothness in the palate. From particle sizes to polymorphism and rheology to aroma, the chocolate manufacturer engages numerous facets of food technology in seeking to deliver a quality product to their discerning customers.

From an economic viewpoint, the ingredients derived from cocoa beans, namely cocoa butter, cocoa liquor and cocoa powder, are high-value components, and hence minimising waste is important. This applies also to the other raw materials used, namely sugar, milk powders (if present), emulsifiers,

heat and power, and last but not least, water. Clearly, the incentive to produce 'right first time' is a keen one. Added to this is the on-going market pressure of delivering high quality at increasingly competitive prices.

## **In-line monitoring**

The main quantities which can be targeted for in-line monitoring during chocolate manufacture can be classed into three categories: (a) visual characteristics (b) aroma characteristics and (c) material characteristics (Figure 2).



Figure 2: In-line sensors to ensure consistent chocolate taste and texture

## **Appearance**

Visual characteristics include colour and gloss. Measurement of these has been available for many years, but the increasing power and ubiquity of digital quantification now provides a capability for inferring changes which are very subtle indeed. Commercial systems have been developed for continuous colour measurement using a convenient installation (Hunter Associates Laboratory Inc, Reston, VA). This is particularly useful in regard to colour, since colour is often related to flavour characteristics, an important consideration when aiming for consistent flavour quality.

Colour measurement can be considered part of the more-general field of spectrometric measurement using illumination from other parts of the electromagnetic spectrum. Near infra-red, for instance, is now well-established in manufacturing<sup>2</sup>. Often this is for moisture measurement based on a validation exercise involving an independent moisture measurement for the product concerned. Confectionery wafers are an example of such an application. Interesting applications in the future are likely to include crystallisation measurement<sup>3</sup> and protein quality. Other regions of interest include the microwave region for moisture measurement, X-rays for foreign-body detection, and the emerging terahertz band, a newly accessible region of the electromagnetic spectrum and which has pronounced sensitivity to small amounts of water.

## **Aroma**

Evaluation of aroma characteristics using an inline instrument is an area of interesting advances. Although headspace analysis (the analysis of the aroma in the space above a food product in a container) is a well-developed technique in the laboratory chromatography system, the delicacy, complexity and expense of such instruments rules out their use in a production environment. Electronic noses for volatile detection are now being developed for food applications<sup>4,5</sup>, although the discrimination and versatility can sometimes be difficult aspects. An interesting development in this field has arisen from advances in microchip technology, opening up the way for compact devices which can distinguish between aromas (and by association, flavours) to a sufficient extent to be useful. One such example is the FAIMS technique, Field Asymmetric Ion Mobility Spectrometry. This uses a microchip to apply alternating electric fields to ionised aroma molecules which are sampled continuously from the aromas and vapours above a processing stream. The electric fields sweep through a range of amplitudes so as to select different families of molecules, e.g. aldehydes or heterocyclics, based on their intrinsic diffusion characteristics within the air stream which carries them through the microchip. Each family responds in a different way to the electric field settings. An example of the FAIMS technique is the Lonestar instrument manufactured by Owlstone (Figure 3). The output can be displayed as a contour plot of ion current as function of the two independent electric field values (here termed compensation voltage on the x-axis, and differential field on the y-axis). Calibration, if preferred, requires a separate measurement using chemical standards. Potentially, in future one could envisage determining aroma intensities and composition. Alternatively, if the optimum field settings are identified for the particular flavour compound of interest, a control system can be implemented based on an alarm which is triggered when the intensity drops below or exceeds a user-defined interval (Figure 3).

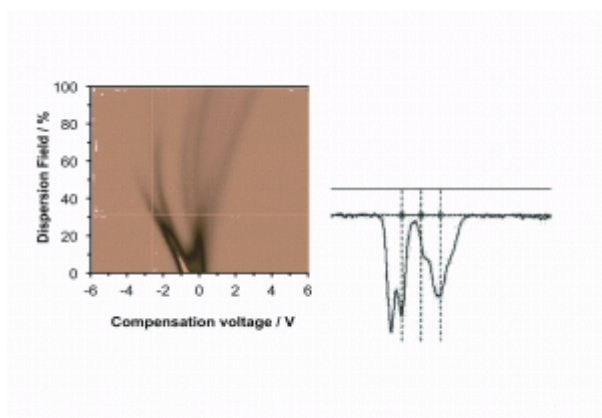


Figure 3: Data from an experiment on an Owlstone Lonestar FAIMS analyser for measuring aroma intensity and composition. The sample involved was a commercial milk chocolate at 50°C. The figure on the left shows the distinctive contour plot of ion current as a function of the selecting electric fields, the dispersion field and the compensation voltage. The compensation voltage was swept between -6 volts and +6 volts for a series of increments of the dispersion field, which ranged from 40 per cent to 100 per cent. This disperses the ionised aroma into families of ions according to mobility, and results in a flame-like pattern. The figure on the right shows a slice through the contour plot, taken at a dispersion field value of 60 per cent. Negative ion mode was selected for the data shown, and hence the ion current (in arbitrary units) is negative

## Material characteristics

Material characteristics encompass several aspects, most notably the particle size of the sucrose crystals, the rheology of the chocolate mass when molten and the crystalline form of the cocoa butter of the chocolate when finished. Traditionally, all three are measured off-line, a circumstance which hampers fine control of the process.

(a) Crystalline forms: An additional complication in the case of cocoa butter is its inherent polymorphism. Good quality chocolate products require the cocoa butter to be in the Form V (melting point 33°C), one of the two most stable polymorphs of cocoa butter. This polymorphic form delivers the characteristic snap and cooling effects which are part of the satisfying eating experience from chocolate.

(b) Flow properties: The possible application of in-line viscosity measurements as a tool for process and quality control has provoked considerable interest in food manufacture. The need for robust, hygienic, real-time, measurements to provide meaningful process information is now widely acknowledged and has come under considerably scrutiny within the industry.

The flow properties of chocolate are critical to many aspects of its performance, particularly during production. The industry accepted method of measuring viscosity is the procedure by the International Office of Cocoa<sup>6</sup>. It employs a rotational viscometer fitted with a concentric cylinder to measure the chocolate flow curve between 2 and 50 s<sup>-1</sup> at 40°C. The viscosity of chocolate is conventionally expressed by two parameters, yield values and plastic viscosity. Yield value has been found to relate to both pattern holding and formation of feet and tails; plastic viscosity has been found important in controlling the filling processes and pumping. While such a method does ensure batch-to-batch consistency it provides little or no relationship to the viscosity of the chocolate once it is tempered. The viscosity of the tempered chocolate will be affected by the lower processing temperature (around 30°C) and the presence of fat crystals produced during tempering, increasing the dispersed phase volume fraction.

The advantages of an in-line viscometry that provides continuous real-time viscosity measurement include:

- The ability to monitor the process, gaining a better understanding of the production system and ultimately improving the process control
- Better understanding of the process inevitably leading to more informed changes and enhancements to the production process
- Adjusting the viscosity by the controlled addition of fat and/or emulsifier.

Commercial solutions for in-line viscosity measurement of chocolate are very limited. They include the Hydramotion process viscometer, which is designed to be mounted directly into holding tanks or process piping. The mechanism utilised to measure viscosity is the frequency shift of a resonant frequency (Figure 4).

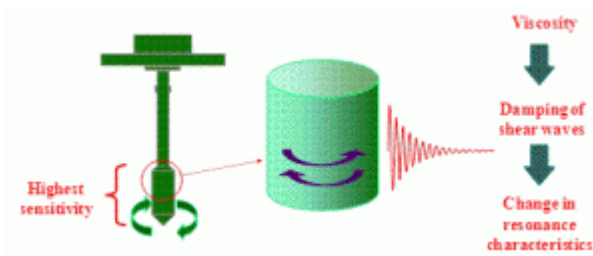


Figure 4: Principle of operation of vibrational in-line viscometer

It provides a single point viscosity value, which has been found to correlate well with the Casson plastic viscosity measured off-line (Figure 5); it does not however provide any information about yield stress.

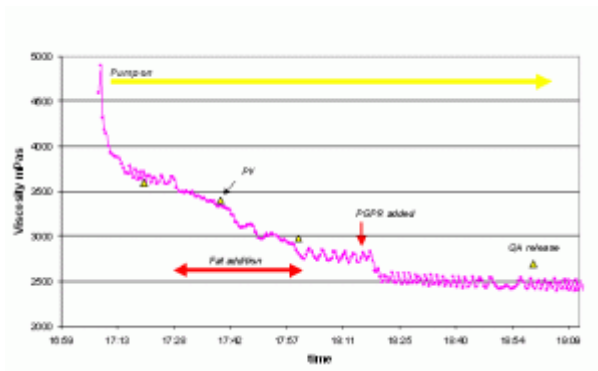


Figure 5: Viscosity of chocolate mass following addition of fat and emulsifier. In-line viscosity (pink curve) measured with in-line vibrational viscometer and plastic viscosity (yellow triangle) measured off-line with a rotational viscometer

Research studies on the development of in-line techniques that can potentially allow the full characterisation of flow properties of chocolate, including tempered chocolate, have been published elsewhere. Characterisation of the flow behaviour of chocolate during processing in pipes or extrusion devices has been investigated using flow visualisation techniques such as MRI<sup>7</sup> and ultrasound velocity profile<sup>8</sup> combined with pressure drop. These visualisation techniques give excellent agreement with off-line results, however they require time consuming data processing and are still very cost prohibitive for a chocolate process control tool. The potential application of in-line tools for chocolate process control is large, but limitations exist as it requires careful selection of the measurement principle.

## Conclusion

Sensory attributes of eating chocolate are determined by processing variables and inherent characteristics of the cocoa bean. Its sensory attributes, a characteristic flavour and a unique mouth-feel (attributable to a narrow melting range near body temperature) are appealing. Control of both the final texture and the flavour are vital, the latter being partly dictated by the initial roasting conditions and partly by subsequent processing in the manufacture of the finished product. The mouthfeel and textural properties are determined by the unique properties of cocoa butter. Careful processing and selection of ingredients is necessary to produce desirable attributes.

Today, it is becoming recognised that the most effective error-proofing programmes use in-line sensors to eliminate errors as an integral part of the manufacturing process itself. The productivity gains from the various software tools are impressive, but the results from error reduction are arguably even greater. Whether the production process is automatic or semiautomatic, using sensors to verify the manufacturing steps that drive quality work is the best way to guarantee that the chocolate being produced meets customer preferences.

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