Stay-at-home fathers and breadwinning mothers – the future of de-gendered parenting

Stay-at-home father arrangements have increased over the last decades. However these non-traditional parenting arrangements are still statically rare.

Non-traditional parents perform social change by not making a gender-based division of roles and resisting the traditional images of motherhood and fatherhood. The research project aims to explore the social-psychological mechanisms underlying non-normative behavioural choices as well as the consequences for couples' relationship quality, wellbeing and life satisfaction.

As a result this research will make significant contributions to promote institutional change, shaping family policies, encourage and support father involvement in family responsibilities, moulding the gender ideologies and practices of today’s children and raise public awareness of alternative parenting arrangements.