Registration of Sexual Orientation in the Electronic Medical Record in Family Practice: Opinions of General Practitioners (GPs) in Flanders

Jolien Vos\textsuperscript{1}, Jessika Deblonde\textsuperscript{2}, Sandra van den Eynde\textsuperscript{3}, Myriam Deveugele\textsuperscript{1} & Dirk Avonts\textsuperscript{1}

Department of General Practice and Primary Health Care, UGent (1) Scientific Intitstitute of Public Health, Brussels (2) Sensoa, Antwerp (3)
Background

- Increase of HIV-diagnoses
- HIV as a chronic disease
- Sexual history taking by GPs
- Sexual health is a sensitive issue
- Identifying patients at risk
- Targeted interventions
Research questions

1. What are important HIV-risk factors according to GPs?

2. How can GPs get information about patients’ HIV-risk factors?

3. How can GPs register information about HIV-risk factors?
Methods

- Semi structured interviews
- Interview guide
- Transcribed and manually coded
- Second researcher
## Sample

<table>
<thead>
<tr>
<th>Characteristic</th>
<th>Specification</th>
<th>Amount of participants</th>
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<td>Age</td>
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<td>42-65</td>
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<tr>
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<td>Practice composition</td>
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<td>Group practice</td>
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</tr>
<tr>
<td></td>
<td>Solo practice</td>
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</table>
1. Essential HIV-risk factors
- Factors retrieved in the EMR:
  
  • Previous STI or STI screening
  "If you see that the patient was tested every year, well why do you do that?"
  
  • Origin
  "Of course origin is a risk factor for HIV, yes, you can see that based on the name."
1. Essential HIV-risk factors
- Factors retrieved in the EMR:

  • Age

  “Sometimes we see young people who don’t know anything about safe sex or contraception, I think we’ve an educational role to play there.”
1. Essential HIV-risk factors

- Actively ask for:
  
  • Sexual orientation
  “After so many years there are few who escape our attention... Of course there are a lot of bisexuals where we do not know it from”

  • Sexual risk behaviour
  “Sometimes you know there is a history of STIs, so, well that does not come around when you have safe sex.”
2. Collect the essential information

- Occasional sexual history
  • Searching for an opportunity
  • Waiting for the patient
  • Lack of registration

“A sexual anamnesis? I do this rather ad hoc... I think we do that to little, only if there are certain occasions.”
2. Collect the essential information

- Inquiry on the GP’s initiative
  • Difficult and rare
  • Willingness to improve communication
  • No HIV testing or screening policy

“Indeed, we must do something with homosexuals, but we do not have a policy in our practice, neither to ask for it, nor to register. But yes I think I will bring this to the next meeting, because we don’t do anything standard and that has to change.”
2. Collect the essential information

Systematically asking questions

“If you are asking during history taking, people are in the rhythm of ‘yes’, ‘no’ and if there comes a question about sexuality, it will be less shocking.”

Basics for in-depth sexual history!
3. How to register information?

Inserting info in the EMR?

- Consult summary
- GP’s memo
- Coding ‘at risk for STI’

There is **no appropriate place** in EMR

“There is no place for it in the record, you can not fill in such things, if the program must allow that, I would fully do it.”
Discussion & implications

Communication...

- Waiting attitude from both sides (GPs and patients)
- GPs are receptive for a proactive approach
- Knowing the sexual orientation
- In-depth sexual history
Discussion & implications

Registration: Pre-conditions...

- Integration in sexual history
- Appropriate place EMR
- STI & HIV screening/testing policy
Discussion & implications

Prevention...

- Continuity of care and holistic approach
- Image of sexual behaviour
- Targeted STI/HIV prevention actions for patients at risk
- Research in risk populations needed